

TITLE OF POSITION: PHYSICAL THERAPY TECHNICIAN

CATEGORY:

RESPONSIBLE to: LICENSED PHYSICAL THERAPIST/ PTA

LIFTING REQUIREMENTS: UP TO 100 LBS

EFFECTIVE DATE: April 08, 2011

GENERAL DESCRIPTION:

Under the supervision of the Physical Therapist (PT) and the Physical Therapist Assistant(PTA), the Physical Therapy technician is responsible for the daily department routine to include but not limited to: participant exercise routines, maintenance of the department's equipment/pool, supplies, assisting licensed staff in the transportation, preparation and treatment of participants.

RESPONSIBILITIES:

1. Prepare participant for treatment
2. Assist the PT or PTA to complete the POC according to the State Practice Act and the APTA standards of practice
3. Administer exercise routines as outlined in the plan of care in various program settings: restorative PT, wellness and aquatic wellness.
4. Document restorative and wellness and aquatic wellness routines
5. Communicate participant changes/complaints to the PT or PTA
6. Maintain and clean equipment according to the manufacturer or regulatory guidelines
7. Maintain adequate levels of supplies and communicate need for supervisor approval
8. Complete clerical tasks
9. Any and all other tasks assigned specifically delegated by the employee's supervisor

QUALIFICATIONS:

1. High school diploma or equivalent
2. CNA or certified rehabilitation aide preferred
3. Knowledge of medical terminology
4. Skill to work well with staff, participants and family members
5. One year experience with a frail or elderly population required
6. Bilingual (English/Spanish) preferred
7. Current CPR and Food Handlers Card
8. Basic computer knowledge and typing skills preferred

SKILLS:

1. Prepare participant for treatment
2. Exercise formats: wellness, restorative PT, aquatic wellness
3. Exercise types: standing, sitting, mat, balance, ROM, stretching, strengthening
3. Modalities
4. Preventative Maintenance
6. Gait
7. Transfers
8. Vital Signs

9. Use of equipment for patient care
10. Maintain and clean department equipment.
11. Maintain and clean pool
12. Proficiency with Microsoft and electronic medical record documentation
13. Assist the PT or PTA in completing the POC according to the State Practice Act and the APTA standards of practice
14. Clerical skills
15. Communication skills

BIENVIVIR SENIOR HEALTH SERVICES reserves the right to change job description and work hours as required by the program.

EMPLOYEE STATUS: Full-time _____ Part-time _____ Temporary _____

EMPLOYEE SIGNATURE: _____ **DATE:** _____